

## Introduction

1. Thanksgiving is essential in all five spiritual sacrifices when we worship God.
  - a. Those five spiritual sacrifices are teaching/preaching, singing, giving, the Lord's Supper, and prayers ([Ac. 2:42](#)).
2. We express our thanksgiving to God and for others verbally through prayer.
3. We express our thanksgiving to God through our giving to support His cause.
4. We express our thanksgiving for the great sacrifice of Jesus when we partake of the Lord's Supper.
5. Thanksgiving is a needed topic for preaching and teaching as it is part of the counsel of God which must be declared (cf. [Ac. 20:27](#)).

## I. God Authorized Singing as a Spiritual Sacrifice

1. The New Testament authorizes singing ([Eph. 5:18-20](#); [Col. 3:16-17](#)).
  - a. ([Eph. 5:19](#)) Speaking (*laleo* G2980 verb).
  - b. ([Eph. 5:19](#)) singing (*ado* G103 verb).
  - c. ([Eph. 5:19](#)) making melody (*psallo* G5567 verb).
  - d. ([Col. 3:16](#)) teaching (*didasko* G1321 verb).
  - e. ([Col. 3:16](#)) admonishing (*noutheteo* G3560 verb).
2. The New Testament authorizes the human heart as the instrument for singing ([Eph. 5:19](#); [Col. 3:16](#)).
  - a. The heart describes the inner person composed of:
    - i. Free will ([Rm. 6:17](#)).
    - ii. Intellect ([Mt. 13:15](#)).
    - iii. Emotion ([Rm. 9:2](#)).
  - b. By specifying the instrument God has eliminated all other instruments from being used.
3. The New Testament authorizes psalms, hymns, and spiritual songs to be sung ([Eph. 5:19](#); [Col. 3:16](#)).
  - a. psalms (*psalmos* G5568 noun).
  - b. hymns (*hymnos* G5215 noun).
  - c. spiritual songs (*pneumatikos* G4152 adjective *ode* G5603 noun).

## II. Thanksgiving in the Psalms

1. The Old Testament contains the most magnificent song book ever created: the Psalms.
  - a. Psalms, hymns, and spiritual songs are to include praise to God.
  - b. Many of the Psalms include thanksgiving in them.
    - i. At least 30 verses in the Psalms have the English words “thanks” or “thanksgiving” in them ([Ps. 6:5](#), [18:49](#), [26:7](#), [30:4](#), [12](#), [35:18](#), [50:14](#), [69:30](#), [75:1](#), [79:13](#), [92:1](#), [95:2](#), [97:12](#), [100:4](#), [105:1](#), [106:1](#), [47](#), [107:1](#), [22](#), [116:17](#), [118:1](#), [29](#), [119:62](#), [122:4](#), [136:1-3](#), [26](#), [140:13](#), [147:7](#)).
2. A selection of Psalms with thanksgiving in them.
  - a. [Psalm 18](#) (cf. [2 Sam. 22](#)).
  - b. [Psalm 26](#).
  - c. [Psalm 30](#).
  - d. [Psalm 69](#).
  - e. [Psalm 95](#).
  - f. [Psalm 107](#).
3. It is clear from these Psalms that our hearts should be overflowing with thanksgiving and praise to God when we sing!

## Conclusion

1. God is a Spirit and must be worshipped in spirit and in truth ([Jn. 4:24](#)).
  - a. **in spirit** refers to our attitude or heart as it relates to worship ([Ps. 9:1](#)).
  - b. **in truth** refers to being in accordance with God’s Word ([Jn. 17:17](#)).
2. Every Christian is a priest which enables us to offer spiritual sacrifices to God ([1 Pt. 2:5](#)).
3. Let us be sure that we include thanksgiving in all five spiritual sacrifices when we worship the great God of Heaven!